

Additional Resources – Module 1

For a deeper dive into early brain development, visit these four modules from the Institute for Learning and Brain Sciences. Each one is about 20 minutes.

- [Foundations of Literacy](#)
- [The Importance of Early Interactions](#)
- [From Listening to Speaking](#)
- [The First 2000 Days Matter](#)

To learn more about screen use for children 0-5 including recommendations about appropriate use:

- [Common Sense Census: Media Use by Kids Age Zero to Eight, 2020](#)
- [How Much Screen Time Is Ok for My Kids?](#)
- [How Can I Help My Kids Develop Good Screen Time Habits?](#)
- [Parenting, Media, and Everything in Between](#)

To explore dual-language learning more, visit:

- [University of Washington Institute for Learning and Brain Studies' Bilingual Language Development](#)
- [Zero to Three's article "Dual Language Development: Double the Benefit"](#)
- [The Conversation's article "Why the Baby Brain Can Learn Two Languages at the Same Time"](#)
- [Educator Mia Nacamulli details the benefits of a bilingual brain](#)
- [Patricia Kuhl's 10 minute TED talk, "The Linguistic Genius of Babies"](#)

