Today’s Presenters

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Supporting healthy communities: Public library opioid responses
Opioid Crisis Support Kit for Public Libraries

The project is made possible by support from OCLC and the Institute of Museum and Library Services project number, LG-250082-OLS-21.
oc.lc/opioid-crisis
Open the Slido panel on the right side of Webex to respond to this multiple choice question:

Poll question

Has your library engaged in programming or activities related to the opioid crisis?
Why now?

2.1 million people with SUD (CDC)

Libraries provide information on health topics

Library staff need the support
More than 218 people die in the U.S. everyday from an opioid overdose.

(CDC, 2023)
Opioid-related deaths

<table>
<thead>
<tr>
<th>Year</th>
<th>2010</th>
<th>2017</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
<th>2022</th>
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<tbody>
<tr>
<td></td>
<td>21,089</td>
<td>47,600</td>
<td>50,042</td>
<td>68,630</td>
<td>80,411</td>
<td>79,770</td>
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CDC, 2023
“Libraries and librarians contribute two particular strengths to advance a culture of health: accessibility and trustworthiness.”

Getting to why
Explore your community data
Consider community assets and connect with partners
Increase awareness and knowledge of the issue among staff and the community
Focus on library staff care
Engagement and programming options
About the Support Kit

- Library-specific language and examples
- Videos and resources
- Activities and reflection
- Self-paced workbook-style format
Pilot testing
Pilot testing sites: 15 libraries
What resonated with testers

Information on how people become addicted to opioids

Assessing existing and potential partnerships

Creating an emergency response plan

Any step is a good step
From the pilot libraries

“I learned that this library does not have a customer service policy and that one is most definitely needed. Staff development and training on patron privacy and trust is a very crucial part of customer service.”
From the pilot libraries

“The resources gave many creative and doable ideas that can be easily implemented in a rural community such as mine – including getting local organizations or medical professionals involved.”
Engagement and programming options
# Types of programs and services

<table>
<thead>
<tr>
<th>Naloxone training, staff and patrons</th>
<th>Community reads and author talks</th>
<th>Health fairs</th>
<th>Peer navigators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deterra drug disposal bags</td>
<td>Harm reduction kits</td>
<td>Awareness and information campaigns</td>
<td>Mental health and substance abuse related health programming</td>
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SUPPORTING HEALTHY COMMUNITIES: PUBLIC LIBRARY RESPONSES TO THE OPIOID CRISIS

CHARLES COUNTY PUBLIC LIBRARY

LA PLATA, MD 20604
WHERE ARE WE?

✓ LOCATED IN CENTRAL SOUTHERN MARYLAND

✓ CCPL HAS POSITIONED ITSELF TO PROVIDE EXCEPTIONAL LIBRARY SERVICES AND FOSTER A VIBRANT LEARNING ENVIRONMENT FOR EVERYONE

✓ POPULATION OF 150,000

✓ BEDROOM COMMUNITY FOR WASHINGTON DC.

✓ 4 BRICK & MORTAR BRANCHES, 1 MOBILE LIBRARY, 24 HOUR KIOSK & A DETENTION CENTER BRANCH
DIVE IN
WHY WE PARTICIPATED IN THE OPIOID SUPPORT KIT PROJECT

• EDUCATION

• INFORMATION

• STIMULATION

• ACTIVATION
CREATING A PROGRAM

DRUG TAKE BACK

WHAT WE WANTED

NARCAN TRAINING

WHAT THEY WERE ALREADY DOING

DETERRA DRUG DEACTIVATION POUCHES

WHAT WE PROPOSED
IT WAS A SUCCESS!

➢ COLLABORATION WITH CHARLES COUNTY DEPARTMENT OF HEALTH
➢ PROVIDED POUCHES AND EDUCATIONAL MATERIALS
➢ SCHEDULED PROGRAM
➢ DISTRIBUTED 400 POUCHES IN 3 MONTHS
• Because Oregon has the 2nd highest opioid addiction in the US, and
• Because NBPL is small and rural,
• We offer a perspective for this support kit that is relevant and necessary.
What we found useful in the support kit

- Throughout the support kit is a focus on the people, not the addiction.
  - Action 1’s videos
  - Action 4’s decentering stigma
- Inventorying what you know, what you have, what you need (Actions 2 and 3)

This crisis is about **people**, first and foremost.

Action 1: Getting to Why
Consider hiring a social worker or community engagement specialist.

We share our CES with Coos Bay Public Library.

The position is grant-funded and supplied by a local behavioral health agency.

A CES can assist patrons with needs the library staffer often cannot, such as housing needs, counseling, job applications, and finding addiction recovery services.

An added bonus: Their networks will include people and services you may not be aware of.
Free Naloxone Training at the North Bend Public Library
Monday, May 13 from 4:00-6:00 PM There are 4 sessions every half hour with the last session starting at 5:30 PM

A free training on how to use naloxone, an opioid overdose reversal medicine.

One FREE nasal naloxone kit will be available to each attendee!

Our Community Engagement Specialist helped us set up a partnership with the HIV Alliance.
It’s easy to focus on the addiction

We chose to focus on the people experiencing addiction:

• They had a legitimate need that became a crisis.
• Treatment is possible.
• There are options for pain management.

Opioids Discussion Panel
at the North Bend Public Library

Tuesday, October 10 at 11:00 AM

with Dr. William Croson, Dr. Luana Hearn, and Program Director of Adapt OTP Samuel Denney

https://www.northbendoregon.us/calendarview.aspx?cid=29690
And how did the program go?

• Like many good programs, it was lightly attended by thirteen patrons.

• The audience included someone worried about a relative, and a woman who had been using opioids for years and wanted to know if she was at risk.

• You don’t need a crowd when the right people show up.
Photos courtesy: Kokomo Howard Public Library, Everett Public Library, Salt Lake County Library, Twinsburg Public Library, Charles County Public Library, Kalamazoo Public Library
Using the Support Kit
The power of partnerships

- Inventory of current partners
- Document your strengths
- Connect with health departments
- Discover new partners
Tools and resources

Virtual Meetings
by Families Anonymous (FA)
Reviewed on: 05/09/2024

The Families Anonymous Virtual Meetings allows relatives and friends of those who suff...

Main Services: 12-step, peer support, virtual support

Serving: anyone in need, adults, young adults, teens, seniors, individuals, families, parents, substance dependency

Next Steps:
Go to the program’s website.
Serves nationwide
Open Now: 6:00 AM - 3:00 PM PDT

MORE INFO
SAVE
SHARE
SUGGEST
NEXT STEPS
Add your programs

- **One-on-One Computer Help**
  - by King County Library System - Duvall
  - Reviewed on: 05/09/2024

The King County Library System envisions a world where knowledge allows diverse communities to prosper and grow. Do you need extr... 

Main Services: computer class 
Serving: anyone in need, adults 18+

Next Steps:
Call 425-788-1173.

- 19.16 miles (serves your local area)

15508 Main Street Northeast, Duvall, WA 98019

Closed Today See open hours

MORE INFO  
SAVE  SHARE  NOTES  SUGGEST  CONTACT
Poll question

Open the Slido panel on the right side of the Webex to respond to this question:

What do you think is the biggest barrier to this work?
Impact of stigma

- Words Matter video
- Customer service policies
- Facts and statistics:
  “The genes that people are born with account for about half of a person’s risk for addiction.”
You can make a difference
“The most stolen books from San Francisco public libraries’ shelves are not the hottest new novels or juicy memoirs, they are books about recovering from addiction.”
In the news

Library Journal recognized Clare Varesio of the Santa Clara County Library District as a 2024 Mover and Shaker for her work to educate staff and the community about naloxone through a series of workshops.

Library Journal, 2024
“Between stigma and lack of knowledge or other barriers, many people who would benefit from help do not currently receive it.”

Jennifer Weeks
Head Librarian
Santa Clara County Library District
Other resources

Facebook group:
https://facebook.com/groups/librariesopioidcrisis/

Libraries and the Substance Abuse Crisis: Supporting your Community by Cindy Grove:
https://search.worldcat.org/en/title/1143640588
You will find some mistakes.
We will fix them.
Thank you

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oc.lc/opioid-crisis