The aims of The Conscious Child: Family Book Discussion Kits are: 1) To celebrate diverse voices; and 2) to help facilitate family discussions about racial equity, identity, and justice. Included in this kit are discussion questions for each book, and a list of further recommended reading.

Check out these kits too!
- Identity & Belonging
- Joy & Self-Love
- Solidarity & Activism

Immigration & Refugees: Further Recommended Reading

- *Marwan’s Journey* by Patricia de Arias
- *Lilah Tov, Good Night* by Ben Gundersheimer
- *Danbi Leads the School Parade* by Anna Kim
- *The Arabic Quilt* by Aya Khalil
- *The Paper Boat* by Thao Lam
- *A Journey Toward Hope* by Victor Hinojosa & Coert Voorhees
**DREAMERS** by Yuyi Morales

**BEFORE READING:** Define the word *immigration* with your child and discuss what it means to be an immigrant. Discuss the different reasons immigrants come to the U.S.

**DURING/AFTER READING:**
- Why do you think the woman and her child left home?
- What items do you think are in their backpack? If you had to travel to a new place, what items would you bring?
- Why do you think the woman and child were “afraid to speak”?
- How do you think it feels to speak a language different from what most people around you are speaking?
- What is it like for the woman and child to live in a new, unfamiliar place? How could you help someone who is new feel welcome and comfortable?

**SUGAR IN MILK** by Thrity Umrigar

**BEFORE READING:** Discuss what it means to be a *refugee*.

**DURING/AFTER READING:**
- How does the main character feel at the beginning of the book?
- Why do you think she has left her friends and family back home?
- In Auntie’s story, how do the refugees feel when the king orders them to leave?
- Why does the king change his mind?
- How does her aunt’s story help the main character?
- What are some ways our lives are better when we embrace people who are different from us?
• How does discovering the library change their lives?
• What do you think is the message of the book?
• Read Yuyi Morales’ immigration story in the back of the book. Why did she name the book *Dreamers*? 
THE DAY SAIDA ARRIVED by Susana Gómez Redondo

BEFORE READING: Define the word immigration with your child and discuss what it means to be an immigrant. Discuss the different reasons immigrants come to the U.S.

DURING/AFTER READING:
- What qualities make Saida and the narrator such good friends?
- How do Saida and the narrator show each other empathy?
- Why do you think the narrator says she and Saida “will happily throw overboard unwelcome words like border”?
- Can you relate to Saida and/or the narrator?
- What lessons does The Day Saida Arrived teach?
- Pretend you are going to take a trip to Morocco (where Saida is from). Research the country. What would you do on your trip? What food would you eat? What languages would you hear spoken there?
- Try writing some of the Arabic words you find throughout the book.

NANA AKUA GOES TO SCHOOL by Tricia Elam Walker

DURING/AFTER READING:
- Why is Zura worried about bringing Nana to school for Grandparents Day?
- Have you ever been worried about how others would treat someone you love?
- How do Zura’s classmates treat Nana when she visits?
- Nana teaches Zura’s class about the tradition behind the marks on her face. Are there any cultural traditions that are especially important to you and your family?
- What do you think is the main message of Nana Akua Goes to School?
- Pretend you are going to take a trip to Ghana (where Nana is from). Research the country. What would you do on your trip? What food would you eat? What languages would you hear spoken there?
- Look at the Adinkra symbols on the book’s front and back endpapers. Which is your favorite? Try drawing it!