Presenters

22 October 2020



Noah LenstraDirector, *Let's Move in Libraries*



Mike McGinn
Executive Director,
America Walks



Jeffrey T. Davis
Branch Manager, San Diego
Public Library and Author,
The Collection All Around:
Sharing Our Cities, Towns,
and Natural Places



Mary Sizemore
Director, High Point Public
Library (NC)





One Step at a Time:
How Libraries Can (and do!)
Promote Healthy, Thriving, and
Livable Communities

Let's Move in Libraries

Noah Lenstra lenstra@uncg.edu @NoahLenstra Sign up for monthly newsletter at LetsMoveLibraries.org/Newsletter





Roadmap

- 1. Introducing Placemaking
- 2. Making new and better places, one library at a time
- 3. What could you do in your community?



All participants will wear masks and keep 6 ft of social distance Teens paint sidewalk obstacle course



hit, 1 July 2020



Placemaking

placemaking
inspires people to
collectively
reimagine and
reinvent public
spaces

Wild Rumpus: Flying



Another really common play pattern, especially in Anji Play is leaping, flying off of tall things, often onto a softened surface. Here are some examples of jumping from this summer.

Image Courtesy Madison Public Library, Wild Rumpus: Flying, September 2018



Placemaking & **Public Health**



Active Paths for Equity & Health

The Community Preventive Services Task Force Recommendation for **Combined Built Environment Approaches to Increase Physical Activity**



Connecting Activity-Friendly Routes to Everyday Destinations

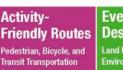
An activity-friendly route is one that is a direct and convenient connection with everyday destinations, offering protection from cars, or making it easy to cross the street. Everyday destinations are places people can get to from where they live by walking, bicycling, or public transit. These destinations can include grocery stores, schools, libraries, parks, restaurants, cultural and natural landmarks, or healthcare facilities. Below are six examples of connecting activity-friendly routes





For more information about the Community Preventive Services Task Force recommendation, visit www.thecommunityguide.org/findings/physical-activity-built-environment-approaches and www.cdc.gov/physicalactivity/community-strategies

Image Courtesy Safe Routes Partnership and United States (US) Centers for Disease Control and Prevention.



Everyday Destinations

Land Use and **Environmental Design**























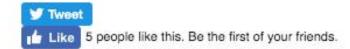




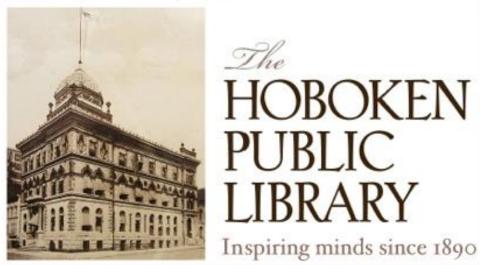


Complete Streets

Complete Streets Awareness Event at Hoboken Public Library



Hoboken, NJ - Wednesday, November 2nd, 2011



"I think holding an awareness event like this at a public library is a great way to reach the people most affected by new transportation policies." Debbie Kingsland, NJDOT

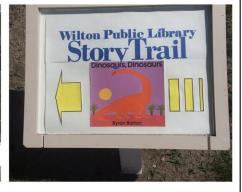
Debbie Kingsland from the New Jersey Department of Transportation's Office of Bicycle and Pedestrian Programs and Hoboken Transportation and Parking Director Ian Sacs will lead a Complete Streets Awareness Event at the Hoboken Public Library on Thursday, November 3, 2011 from 6 to 8pm. Image Courtesy City of Hoboken Newsletter, November 2011



Take a Walk Along the Story Trail







The boards of the Story Trail follow the arc of the semi-circular path that leads up to the grand front entrance of the library. According to Fickett, "The story trail was created to bring parents and caregivers onto the library grounds by creating an opportunity to read a story together as they walk up the sidewalk." The first book to be displayed is *Dinosaurs*, *Dinosaurs* by Byron Barton; books will be changed periodically.

Thinking Outside the Library

The Wilton Library is the only Smart Spaces project participant to focus on their outdoor physical space for active learning and community engagement. They already had a lot of success with STEM/STEAM programming inside the library.

The town of Wilton was planning to create a new Riverwalk Park across the street from the library as part of a wider effort to make the community more livable and convivial. A library outdoor space could be a continuation of that.

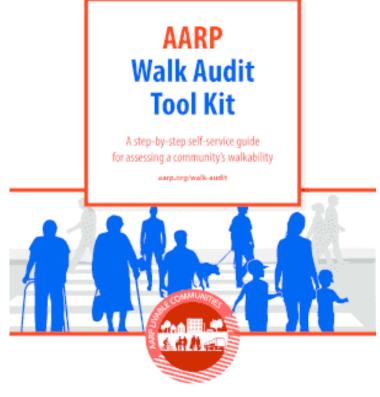
"If we are visible outside of these walls and people are having positive interactions, it is more likely that they will make it a point to come to visit the [inside] space as well."

Stephanie Loiselle

Images Courtesy WebJunction and the Wilton Public & Gregg Free Library



Citizen Science: Let's Re-imagine our spaces!





Images Courtesy AARP and the St. Louis County Library





Rock Road Branch

10267 St. Charles Rock Road | St. Ann, MO 63074 | 314-994-3300

Program sites are accessible. Upon two weeks' notice, accommodations will be made for persons with disabilities. Call 314-994-3300 or visit www.slcl.org.





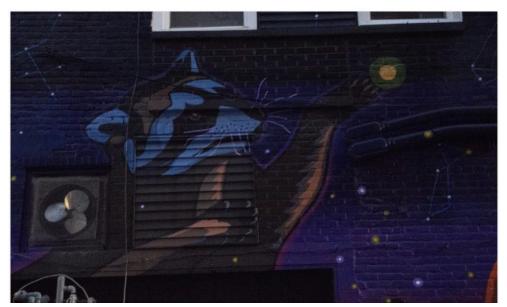




History and culture

Iowa City Public Library hosted a mural walk to showcase some of the area's newest artwork

Downtown Iowa City Director Thomas Agran led a crowd of over 50 people around downtown Iowa City on a mural walk, showing that art can be beautiful, public, and easily attainable.





Walking History: Library-led sightseeing tours bring local stories to life bit.ly/2joWTog



Images Courtesy American Libraries and Iowa City Public Library



Why libraries?

We *care* about walking and healthy communities!

"If I don't walk, it's really not a great day" - Seattle Public Library's Nancy Pearl

"Last year, Pearl started combining her two greatest pleasures — reading and walking."



HERALDNET.COM

America's action figure librarian walks a good book for exercise | HeraldNet.com

Image Courtesy <u>HeraldNet</u> (Everett, Washington)



Come help the Friends of the Library beautify the grounds

By Shelby Harrell sharrell@themountaineer.com Sep 16, 2020 💂 0

Re-imaging our libraries as places made *by and for* our communities!!



Image Courtesy Shelby Harrell, The Mountaineer



Get a little help from your friends!



 $\label{thm:continuous} \begin{tabular}{ll} Union Catholic's Isabela Allen celebrates the opening of her "Story Stroll" at Jerseyland Park in Scotch Plains. $$Credits: Jim Lambert$$$

Images Courtesy Onondaga County Public Library & Jim Lambert, Scotch Plains, NJ



A photo from the ribbon cutting for the new #StoryWalk at Sunnycrest Park! **

The local Girl Scout troop worked very hard to put together this StoryWalk after hearing Sam Washington of @FoundationKia read "A Story about a Dog Named Kia" at Paine Branch.



10:45 AM · Sep 18, 2020 · TweetDeck



Start Small and GROW!

BUT, FREE STORYWALK!!

Given the challenges of supporting literacy in this year of social distancing, Curious City StoryWalks has teamed up with the publisher Child's Play and the StoryWalk sign holder provider Barking Dog Exhibits to create StoryWalk sign files available free

for you to print and display. Register below to get the download link!

Featured Picture Book: Cat's Colors by Airlie Anderson (Child's Play)

Size: 24" W x 18" L

Number of Signs: 15

File Type: 15 individual high resolution PDF's

Companion Family Literacy Tool: The final sign invites readers to download a Picture

Book Play Activity for home literacy. You can see that activity here!

No Customization: While Curious City normally works with communities to customize our other StoryWalks and build new ones, this free StoryWalk cannot be customized.

Copyright/Permission: The publisher Child's Play has waived the need for individual permission. You are NOT violating copyright by using this signage.

Display Permission: Can be displayed for five years.

Images Courtesy Curiosity City & Penn Yan Public Library





Do it downtown (in any season)!



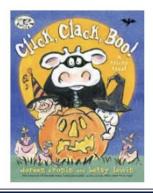


Business Association

PRESENT A

StoryWalk

OCTOBER 1 – OCTOBER 31



StoryWalk kicks off at downtown Lewes businesses



PUZZLES is the first stop on the Lewes StoryWalk. Shown are organizers (I-r) Andrea Spuck, owner, PUZZLES; Betsy Reamer, Lewes Chamber of Commerce; Jen Noonan, Lewes Public Library children's librarian; and Tim Southerst, owner, PUZZLES, hanging the first StoryWalk poster at PUZZLES on Front Street. Maps and scavenger hunts can be picked up in the brochure box outside the store.

December 1, 2018

Images Courtesy Downtown Middleton and the Cape Gazette



Wrap-Up

What could you do?

Re-frame the issue:
Who could you
work with to
transform your
community?



Images Courtesy Denver Public Library



Learn more





HOME

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GET STARTED

LET'S MOVE STORIES

EVENTS

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STORYWALK(R) AND SCAVENGER HUNT

RINGTOWN AREA LIBRARY, PENNSYLVANIA

How has this library supported healthy living?

During the COVID-19 stay-athome order in Pennsylvania, the Ringtown Area Library started monthly scavenger hunts around the community, relating to a children's story when possible (green sheep for Mem Fox's Where is the Green Sheep? and



strawberries for Don Wood's The Little Mouse, The Red Ripe Strawberry and the Big Hungry Bear.) The library began offering StoryWalk(R) programming during summer 2020, and in September 2020 unveiled the 4th StoryWalk(R) of the year at a local farm's pumpkin patch, choosing Pumpkin Trouble by Jan Thomas.

What impacts have you seen this work have?

The scavenger hunts and StoryWalk(R) both provided no-contact, fun activities that got families moving and kept them engaged with the library white it was temporarily closed and/or after reopening but with limited services and capacity. In addition to encouraging families to get out for a walk, these outreach efforts brought awareness of our library to many people who rarely or never utilize traditional library services. The library also believes that these activities led to an increase in monetary donations to the library this year.

LEARN MORE >



Lessons learned: Don't be afraid to think outside of the library! Lots can be done using outdoor spaces to engage communities in healthy living programming.

Combine stories and literacy with outdoor programming. Weave stories into public space and you promote the library, promote reading, and also promote fun, active engagement in the outdoors!





Read more

<u>Libraries: The New Engine of Community</u>
<u>Engagement and Walkable Neighborhood</u>
<u>Advocacy</u>, Noah Lenstra, America Walks blog

<u>Take a StoryWalk Through Downtown with the Library</u>, Noah Lenstra, WebJunction.org

Think Outside the Library with a Sidewalk Obstacle Course, Noah Lenstra, WebJunction.org



America Walks @americawalks · Aug 26

@NoahLenstra thinks public libraries may be the most critically underutilized partner in grassroots efforts to help make our communities more walkable. After reading his awesome blog making the case, you might agree: americawalks.org/make-america-a... #Walkable #walking @LetsMoveLibrary



America Walks

ADVANCING SAFE, EQUITABLE, ACCESSIBLE, AND ENJOYABLE PLACES TO WALKAND MOVE BY GIVING PEOPLE AND COMMUNITIES THE RESOURCES TO EFFECTIVELY ADVOCATE FOR CHANGE

America Walks Today

- Focuses on building local and state network of community change advocates
- Cultivates stronger, more diverse partnerships

Asserts itself as a convener and leader in the national walking movement



Our Reach











Network of 58K+ advocates 18K+ online training registrants in the last year

117+ Walking College Fellows graduated in last several years 120+ Community Change Grants awarded in last several years Hundreds of local, state and national allied organizations



Our Programs

- The Walking College
- Community Change Grants
- Online Trainings and Webinars
- National and Localized Walking Summits
- Technical Assistance Work

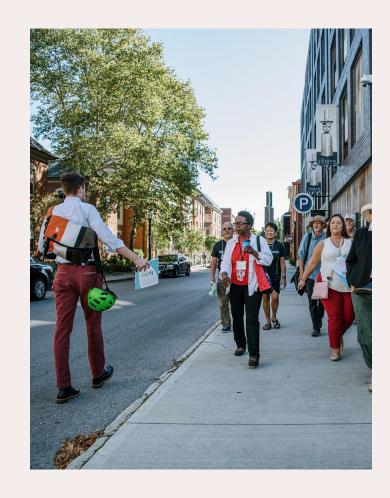


The Walking College

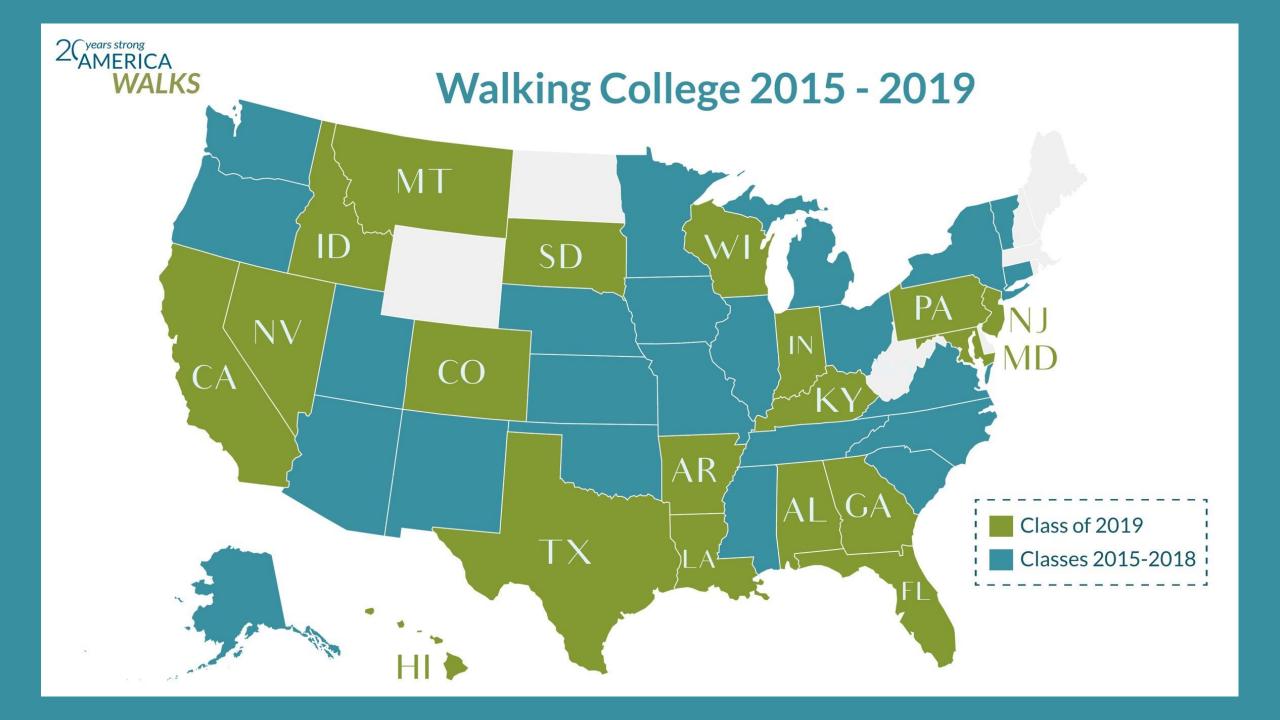
The Walking College is a remotelearning program that imparts fellows with the knowledge and skills they need to become leaders in creating stronger, more equitable, sustainable, and liveable communities Over 6 months, fellows complete a series of modules. By the end of the program, they begin a blueprint for a series of short and longer term strategies to tackle an identified problem in their communities.



The program launched in 2014 and we've graduated about 130 Fellows so far.



americawalksorg/walkingcollege/



America Walks Webinars

Our interactive online training hub where thousands of walking and moving advocates come together to learn. We bring expert speakers, resources and case studies right to people for free.

"One of the best panels I've ever witnessed - raw, honest, informational and with solutions discussed."

- Walking Towards Justice webinar attendee













The America Walks Network is an actively growing collective of hundreds of diverse organizations dedicated to making walking and walkable communities a valuable part of every community.

Our National Walking Summits are biennial national and localized convenings that provide an unparalleled educational opportunity to professionals, leaders, advocates and grassroots change-makers





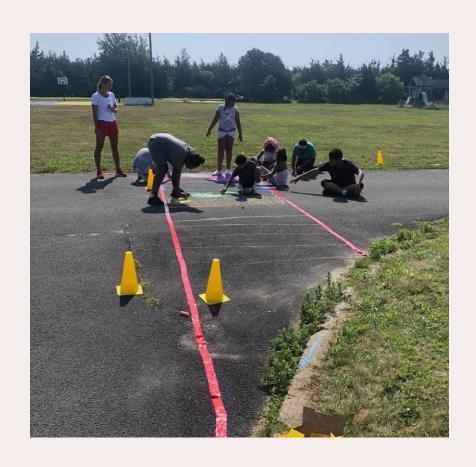
Walk Audit Support

- Developed a Walk Audit How-To Video with NVRC
- Our TAwork often facilitates community-led audits
- Developed a Top 10Tips Resource Packet
- Developed Walk Audit postcards

Community Change Grants

Now in its fifth year, this program has supported a wide range of walkable communities projects, funding 120 projects and counting.





Follow Us On Social Media

@americawalks



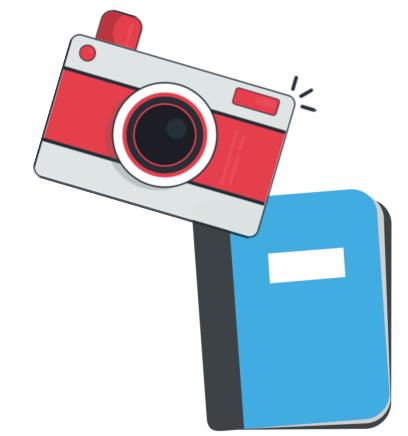




My neighborhood library experiments with outdoor connections

Jeffrey T. Davis

Manager, Linda Vista Branch Library San Diego Public Library jtd@libraryfresh.com



Start here



Pavement park



Pavement park



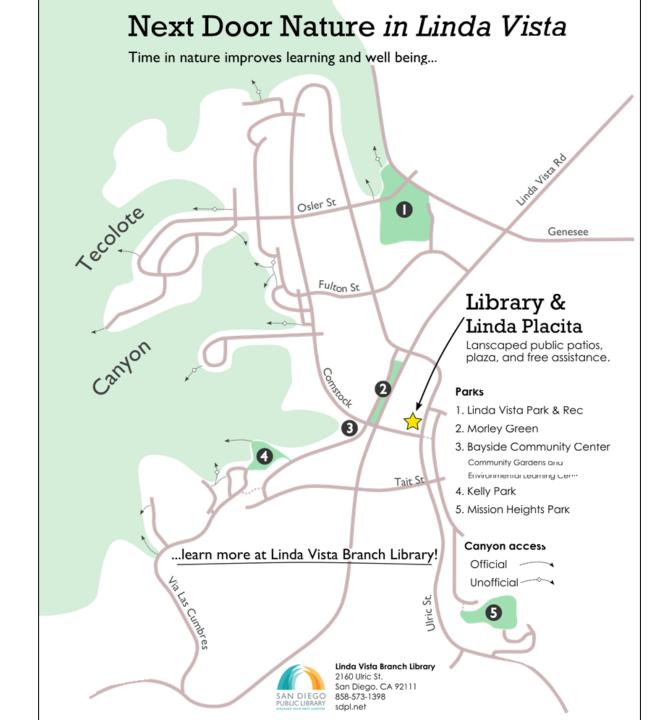


Pavement park

Chula Vista, CA



Next Door Nature



Walking Tour



■Start your walk at the Linda Vista Branch Library. This is the third location for the neighborhood library, which opened June 30, 1942 in a 400 sq. ft. gardener's cottage across from Bayside Community Center (#6 on this tour). A year later a tool shed was relocated to expand the cottage and became the children's room. Though crowded and among the City's smallest, the Linda Vista Branch in 1947 had the third highest circulation within San Diego's 13 branch libraries.

A larger library was built in 1951 to meet the neighborhood's need. The building is now occupied by the Educational Enrichment Systems Child Development Center (#9).

The current library is an award winning

building by architect Rob Quigley, dedicated on December 12, 1987. It features two courtyards which extend visually into the interior space and a raised rotunda with clerestory windows. Playful elements and lightweight wood construction balance the traditional Mediterranean styles, formal spaces, and clear programmatic plan.

Linda Vista Presbyterian Church. Begun in 1942 and dedicated July 30, 1944, the church features 21 stained glass windows. The centerpiece window over the entrance was donated by Catholic nuns and provides a focal point when looking south down Ulric Street toward the church. A fire in 1980 damaged the annex building which has since been restored. The annex houses the Vine Child Care Center and has also served as Mesa College Extension classrooms.

Ploy Family Church. This Catholic congregation first met in a local home, then in the Housing Administration Building (#5) until its church was built at the corner of this large site in 1943. The modern sanctuary added to the site was designed by architect Joseph F. Dameron and completed in 1971.

3 Kit Carson Elementary School. When residents began moving into Linda Vista in 1941 there were no school buildings and funding had not been provided for construction. With

The social hall (at left from street) is from the Camp Callan (1941-45) army training center which was located on Torrey Pines Mesa. The central building houses the church office, chapel, and kitchen and was relocated from a Marine Corps base (perhaps Camp Matthews, 1918-1964) where it was used as a mess hall. The school rooms at the back of the property were relocated from a WWII Japanese-American internment camp in Arizona, either Poston or Gila River (both 1942-45). San Diego City Librarian Clara Breed corresponded with and visited many San Diego children interned at Poston. The large sanctuary at right was completed for the church on site in 1948. Today the church serves a largely Vietnamese and Filipino congregation.

Montgomery Middle School. (originally Stephan Watts Kearny Junior-Senior High School). Like Kit Carson and Linda Vista Elementary schools, its first classes were held in project homes. For Kearny, 37 homes on Ingersoil Street were used beginning September 15, 1941. The school building was completed and opened for classes in 1942. Senior High classes were moved to the present Kearny High which opened on September 14, 1953, a mile north-east of Linda Vista Road.

Linda Vista Elementary School. A second elementary school was immediately needed and construction began on Linda Vista Elementary. Both Kit Carson and Linda Vista

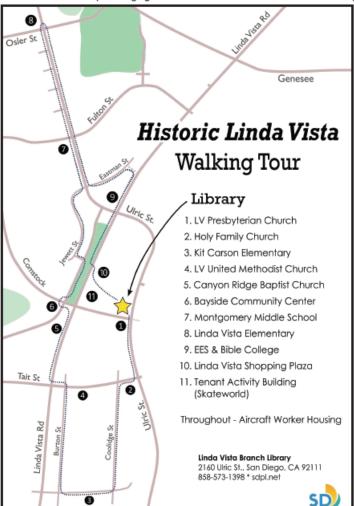
Elementary opened in Fall, 1943. Need for schools continued to grow with successive phases of the development and Chesteron Elementary opened a year later.

Systems (EES). The building was the second location for the Linda Vista Library. Groundbreaking was held on July 17, 1950, with the library opening on April 8, 1951. Currently, the preschool serves 40 children ages 18 months to 3 years old. The facility was designed by F.R. George of the City Engineer's office and made allowance for a partial second-story, if needed. Adjacent building is Bible College.

Linda Vista Shopping Plaza. The original Public Buildings Administration plans included a central shopping plaza, but it was over two years after residents began living here that Linda Vista received a commercial core. The center was designed by Pasadena architects, Karl F. Giberson and Whitney P. Smith and was very different than the plaza today.

The first building to make up the original plaza was a desperately need Safeway supermarket, which opened on February 2,1943. Before its opening, residents made do with the 14 mile round-trip buses to San Diego to make purchases. In the fall of 1943, the remainder of the shopping plaza opened. It was dedicated by then First Lady Eleanor Roosevelt, a point of local pride.

The 1941 plans and the 1943 design that followed employed "garden city" principles, with parking around the periphery and a



Walking Tour



Walking

Tour



Search by City, State, or Address





Entries on This Tour





Linda Vista history and housing

Entering the 1940s, San Diego was a city of 200,000 with little industrial base. World War II transformed .



Linda Vista Branch Library

The current library facility is an award winning building by architect Rob Quigley, dedicated on Decembe..



Linda Vista Presbyterian Church

Begun in 1942 and dedicated July 30th, 1944, the church features 21 stained glass windows. The center...



Holy Family Church

This Catholic congregation first met in a local home, then in the Housing Administration Building until it...



Kit Carson Elementary School

When residents began moving into the Linda Vista development in 1941 there were no school buildings ...



Linda Vista United Methodist Church

The church buildings are notable for having been relocated. The social hall (at left from street) is from t...



Canyon Ridge Baptist Church

Originally Calvary Southern Baptist, this impressive mid-century modern building was designed by prolifi...



Bayside Community Center

Bayside's building was originally a church, built in 1957 and expanded by Bayside in 2004. Founded in 1...



Skateworld (Tenant Activity Building)

The 1940 Latham Act that funded the building of Linda Vista housing did not provide for community, sc...



Linda Vista Shopping Plaza

The original Public Buildings Administration plans included a central shopping plaza but it was over two...

This Tour is a Walking Tour.

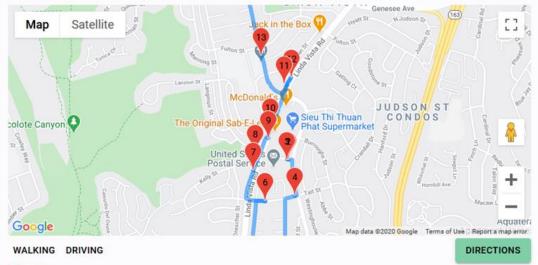
Linda Vista Historical Walking Tour

Created by Linda Vista Branch Library on July 31st 2017, 4:48:55 am.

This tour has been viewed 294 times.

Description

San Diego's diverse Linda Vista neighborhood has a unique history, having been built as a federal wartime project. In the first phase in 1941, 3000 homes were built in 259 days. Much of the original construction remains. This tour visits the major civic sites in the core area and passes through parts of the 1941 residential development. The tour and site entries were developed by the Linda Vista Branch Library, part of San Diego Public Library, and the Linda Vista Town Council.



Share











Born Learning Trail



Photo courtesy United Way Born Learning

https://www.bornlearning.org/trails

Safe Routes to School & Nature



WEDNESDAY, OCTOBER 3, 2018

VOLUNTEERS! WE NEED YOU!

GET INVOLVED .. The

program is currently recruiting parent volunteers to assist for this event.

For more information please contact Rady's Children Hospital Safe Routes to School Staff at: (858)576-1700

Priscillo—ext 7278 or pphegger@rchsd.org Angelino—ext 3556 or asuarez2@rchsd.org

MEETING LOCATION:

CARNIVAL SUPERMARKET
PARKING LOT
3560 ASHFORD ST,
SAN DIEGO, CA 92111

MEETING TIME: 7:00AM

(WE WILL START WALKING AT 7:30AM TO GET TO SCHOOL BY 7:45AM)





Intersection Mural



Photo used with permission by Ilisa Goldman/Rooted in Place



Nature Backpacks





Explore the bamboo in the kids' patio and outside the building. Can you find a new shoot coming out of the ground? The shoots grow into Stalks called "culms". Can you draw the shape Some of the trees around the library are magnolia, cypress, and mimosa. Can you find them?

Linda Vista is on a mesa above the wide coastal plain that includes Mission Bay. The Pacific Ocean is almost 5 miles away but you can often feel ocean breezes that come up the canyons to the mesa. Can you feel ocean wind? Do you see any seaguils?

The map on the other side of this page shows parks and entrances to Tecolote Canyon that are near the library. Can you find nature near your home?

Take your pack to Tecolote Canyon. There are trailheads all along the western side of Linda Vista and the Tecolote Nature Center can be accessed from the Morena area or by hiking down the canyon. The Nature Center has exhibits, activities, birding, and guided walks. Schedules and

Do you see hawks here? Can you hear frogs by the creek? Can you find a Lemonade Berry more information are at friendsoftecolotecanyon.org bush? (Don't eat these.) Tecolote Canyon is a great place to try activities from your Wildlife Explorers Workbook and to use your backpack's field guides.

The San Diego River is down the road in Mission Valley. Grab your pack and head to the Mission Valley Preserve at Friars & Napa or to the Southern Wildlife Preserve at Sea World Drive and South Shores Park. The Mission Valley Preserve has a native plant garden and interpretive center. Use your binoculars at the Southern Wildlife Preserve for great views of migrating birds and local herons, egrets, and mallards.

Linda Vistas Historical Walking Tour



Econ Dev

Welcome to Linda Vista

Linda Vista 101

Entering the 1940s, San Diego was a city of 200,000 on the central mesa and waterfront. WWII and the wartime aerospace industry brought the rapid need for tens of thousands of industrial workers, but San Diegans rejected federal money to build housing for the new arrivals. In 1941, as the housing crunch grew more severe and threatened to interfere with the war effort, the federal government intervened and built Linda Vista on an uninhabited mesa north of the city. In the first phase of the project, 3000 homes were built in 259 days. Much of the original construction remains.

Linda Vista was San Diego's first major housing development for industrial workers. The racial covenants that governed property in San Diego were not used in the federal project. Linda Vista represented a younger, more racially diverse and integrated San Diego than characterized the city at the time. That legacy continues. In the 1970's, Linda Vista was one of the country's first resettlement destinations for Southeast Asian refugees. It remains a diverse and dynamic neighborhood; primarily working class and substantially immigrant.



Linda Vista Planning Area, including Morena, Friars, and the Linda Vista core:

Population 31,384 Households 10,792 Median age 31.8 Median Hshd Income \$54,064

The Education Corridor: Linda Vista's Economic Engine

Housing and offer right of first refusal to tenants.

Linda Vista is unique today for its concentration of schools and supporting institutions. Anchored by the University of San Diego at one end and Mesa College at the other, the compact area is also home to six secondary schools, seven primary schools, ten preschools, the San Diego County Office of Education, SDUSD's Revere Center, plus a library, Boys & Girls Club, Bayside Community Center, and more. This is one of the only Pre-K to post-graduate STEAM pathways in the country.

Our Tour

Our tour will alternate between surveying Linda Vista's land use and development opportunities and highlighting the area's assets, economy, and potential. There are opportunities for workforce housing (a lot of teachers!), for families wanting to connect to diverse educational opportunities, for commercial development that recruits education sector tenants, and for businesses that benefit from the education corridor's training and talent. In addition to internal assets, Linda Vista is adjacent to a substantial amount of employment in Kearny Mesa, Birdland, and western Mission Valley. There are transit options, excellent vistas, ocean breezes, and connections to San Diego's large Tecolote Canyon.

Housing affordability and continuity are pressing concerns here. The greatest number of development opportunities are for by-right projects of 10-20 homes replacing duplexes and 4-6 unit buildings. The community is most supportive of projects that replace existing homes at 1:1 or greater with very-low-income Affordable

Proudly Sponsored By:





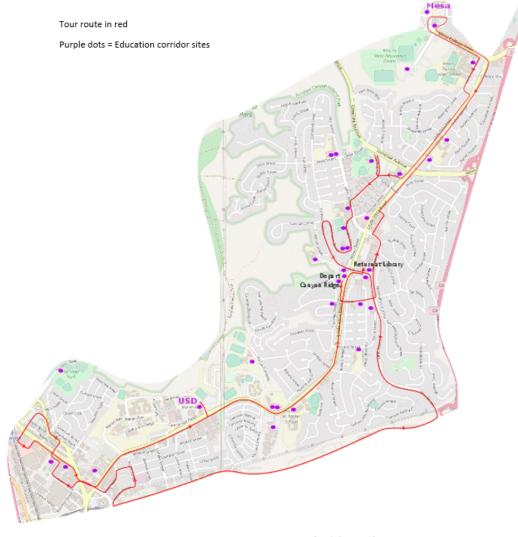








Linda Vista Planning Area















Patio



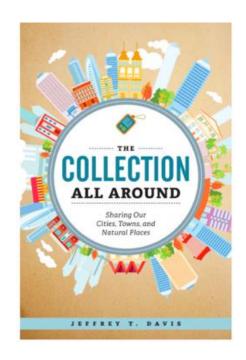
 \longrightarrow

Outdoor Early Learning Lab

design by Deneen Powell Atelier



Jeffrey T. Davis jtd@libraryfresh.com





A Long History of Health-Related Programs and Services

- Annual Health Fair
- Senior Games with Parks and Rec
- Go Red Heart Health initiative with the American Heart Association
- Regular health screenings by High Point University, High Point Regional Hospital, Novant Health and others.
- Collaboration with City of High Point Wellness Coordinator

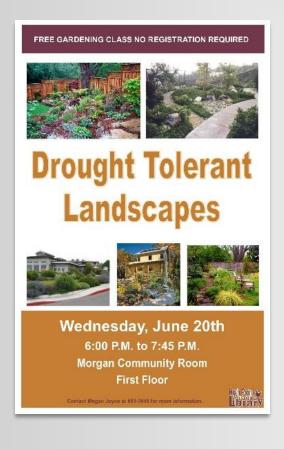


A Long History of Health-Related Programs and Services

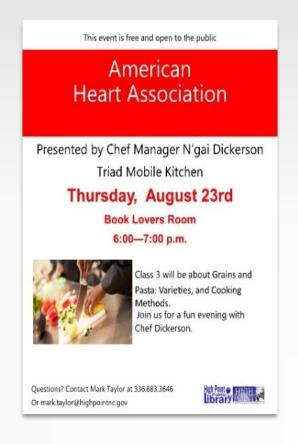
- Teaching Garden
- Recipe for Success cooking and nutrition for children (Culinary Kids)
- Weekly exercise classes for City employees and public
- Yoga for children and adults



Things were going great...











Persistent food insecurity and numerous food deserts



Why do we rank No. 2 in the nation?

BY JIMMY TOMLIN

HIGH POINT O how, exactly, does a community - namely, this one - achieve the No. 2 ranking in the nation for food hardship? After all, that's not a distinction any city strives for, and it's certainly not something you'll find in any of the official tourism brochures.

And, more to the point, knowing the issue is there - and knowing how severe it is - what do we do

Those are complex questions and, as you might imagine, the answers are complex, too.

Gene Nichol, director of the University of North Carolina's Center on Poverty. Work and Opportunity. has examined hunger on the state level and says High Point has a problem, first of all, because North

Carolina has a problem.
"North Carolina has a very high food insecurity rate - we do worse than almost every other state when it comes to hunger," Nichol says, "So it's a North Carolina problem, and it's one that's even more intense in some pockets of North Carolina, such as High Point

And why is that?

"One reason is that we also have one of the highest poverty rates in the country, and we may well have the steepest rising poverty rate in the country," Nichol says. "A decade ago, North Carolina's powerty rate was 25th among the 50 states. Now we're 11th and speeding past our competitors, so we're gaining ground in poverty in an alarming way." The problem is magnified in places

such as the High Point-Greensboro metropolitan area, the region that ranked second in food bardship in a study by the Food Research and Action Center. In High Point, for example, the poverty rate is 19.2 percent, compared Furthermore, a study by the N.C. Budget and Tax Center indicates five of the state's 100 poorest neighborhoods



Last November, hundreds of people braving freezing rain lined up to receive a box of Thanksgiving food — enough to feed a family of five — provided by Williams Memorial CME Church. The congregation's donations fed about 7,000 people. The line stretched out the church's parking lot and through a soggy field, a sign of the hunger hardship in High Point, ranked



Four-year-old Markeem Frierson Jr. enjoys the free com-Amunity meal provided at West End Ministries recently. The High Point youngster attended the meal with his

This is the fourth installment in a four-part series examining hunger in High Point, Here's an overview of the series (to see any stories you've missed, visit HPE.com):

SUNDAY

- . The faces of hunger a look at the hungry people behind the sobering statistics.
- · Hunger can happen to anybody. MONDAY
- · Hunger tarnishes seniors' golden
- · Faith community steps up to help. TUESDAY
- · One in four children are hungry.
- · Backpack programs help ease students' hunger.

- . Why is it so bad here, and what can we do about it?
- · List of agencies that are helping.

The widespread problem was here in our community



Library Plaza Project

Concept created to support initial efforts toward downtown revitalization

Part of library parking lot closes because of construction

HIGH POINT - A large portion of the parking lot at library on Sunset Avenue. the High Point Public Library
There are also several street will be unavailable due to construction beginning Friday.

Approximately two-thirds of the parking area will be the next phase of the library plaza renovation project.

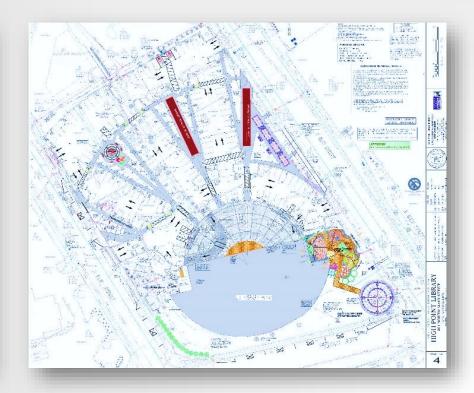
front of the building that is while the rest of the project is accessed from N. Main Street underway. and N. Elm Street will remain

across N. Elm Street at the back fence.

ENTERPRISE STAFF REPORT former Bank of North Carolina building, as well as in a small lot across from the parking spaces adjacent to the library on N. Elm Street and Sunset Avenue.

The work on the north fenced in while infrastructure end of the parking lot near is installed and farmers mar- Krispy Kreme is approaching ket stalls are constructed in completion and will be temporarily paved and striped in the next few weeks. This will The driveway running in allow customers to park there

The Farmers Market will open during this phase of continue to take place during the construction. This Satur-Parking remains available day it will be moved to the







Local Foods, Local Places

Goals for Local Foods, Local Places

- Strengthen and Grow the High Point Farmers Market
- Increase library-sponsored health and wellness programming
- Address community food insecurity
- Build community, partnerships, and place through local food programming
- Promote and grow local farmers and local food in High Point





High Point Farmers Market

Farmers Market serves the community by:

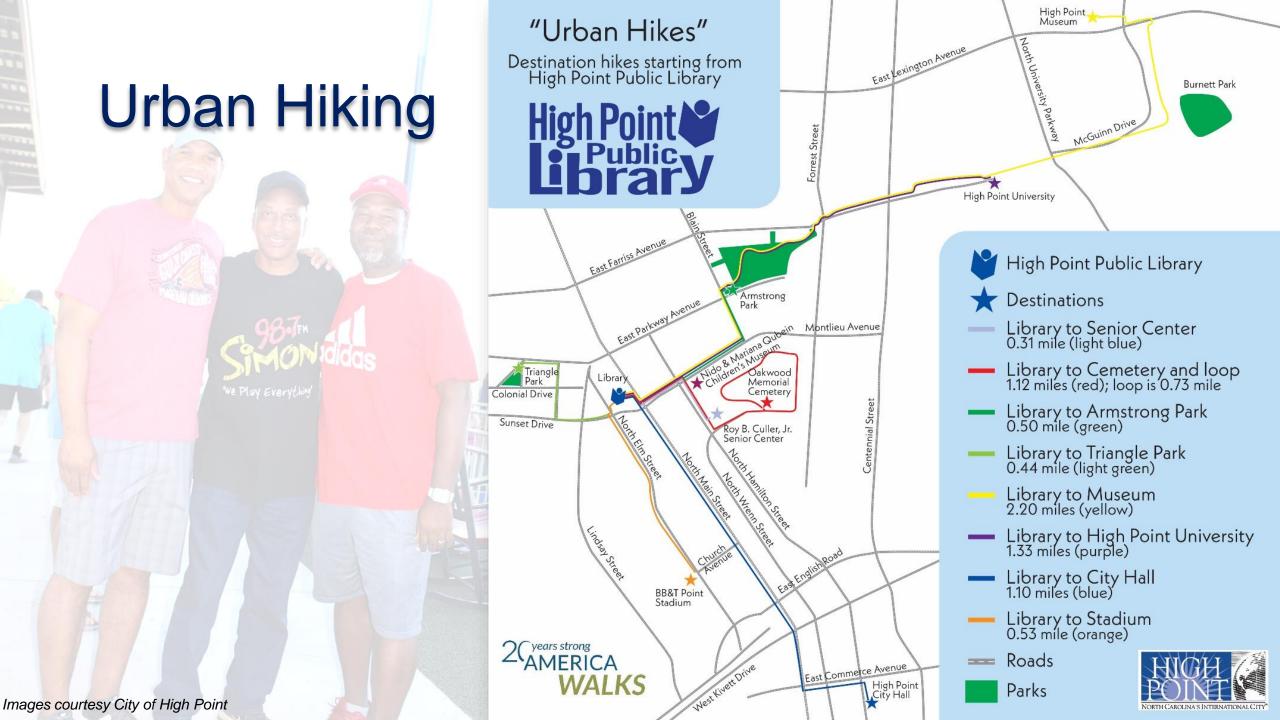
- Supporting healthy lifestyles
- Providing nutrition education
- Enhancing a sense of community
- Promoting overall physical wellbeing



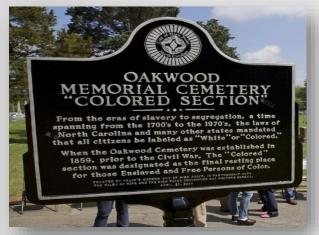








Past, Present and Future, All Within Walking Distance









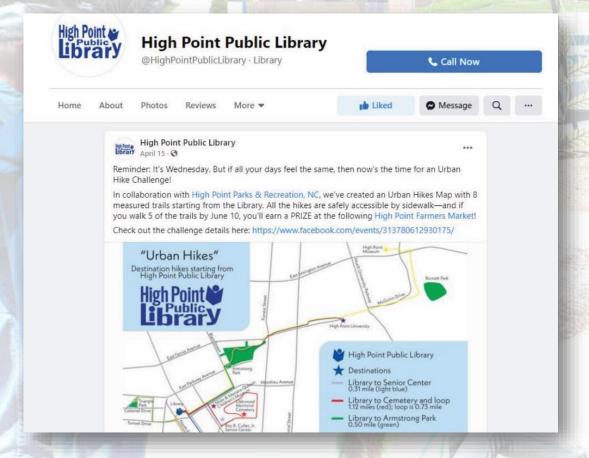








Get me out of the house!









What's Next?

- Guided walks with local historians
- More challenges
- Expanded collaboration with the City's wellness coordinator
- Targeted outreach to specific groups, e.g., dog people, parents of toddlers, newcomers
- Partner with Friends of the Library to purchase small incentives
- Additional routes



Things to consider

- Make sure your programs and projects are appropriate for YOUR community.
- Cultivate strong partners who share your goals.
- Start small if you are new to health and wellness programming.
- Align programs and services to your library's mission and the mission of your governing body.
- Be patient, but willing to change course if needed.
- Stay committed.





Thank you

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Q&A



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Mike McGinn
Executive Director,
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The Collection All Around:
Sharing Our Cities, Towns,
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