

March 31, 2020

Call to Action: Public Libraries and the Opioid Crisis





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Adult Event

SMART Recovery



SMART Recovery groups empower people to achieve independence from addiction problems. This monthly meeting follows the SMART Recovery principles to help those in the Twinsburg and surrounding areas who would like help. No registration is needed.

Note: Family and friends are welcome to attend and observe, but support and participation are mainly for those suffering from addictions.

**Tuesday, Dec. 11th • 6 - 7 pm
Bissell Local History Room**

12000 Capital Road • Twinsburg, OH 44095 • 330.545.5452 • info@smartrecovery.org



Photos courtesy: Blount County Public Library, Salt Lake County Library, Twinsburg Public Library, Everett Public Library, Kalamazoo Public Library

“Libraries and librarians contribute two particular strengths to advance a culture of health: accessibility and trustworthiness.”

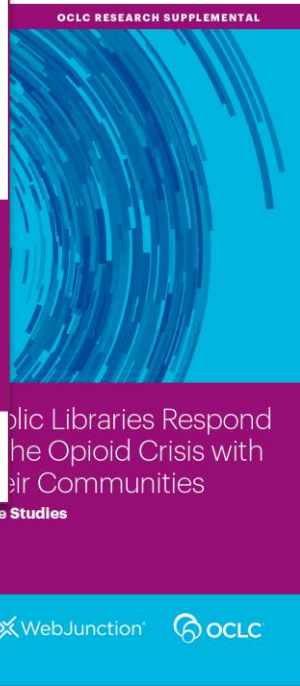
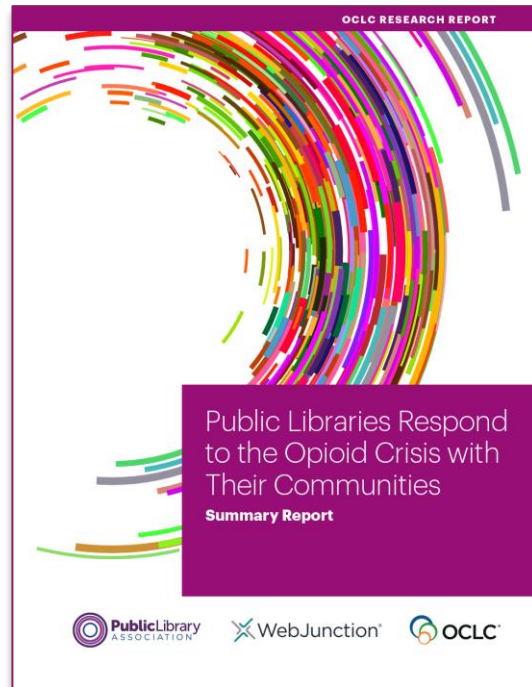
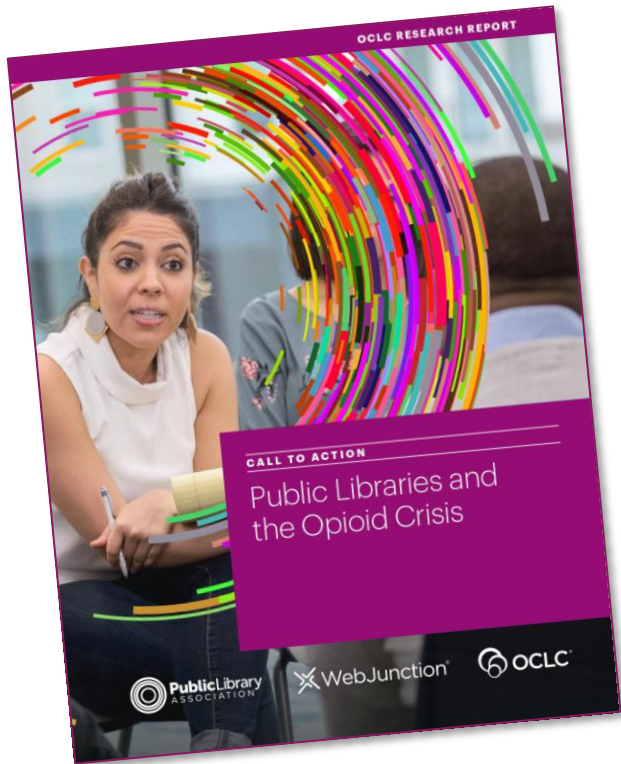
Morgan, Anna, et al., Beyond Books: Public Libraries As Partners For Population Health. Health Affairs 25, No. 11 (2016) <https://www.healthaffairs.org/doi/10.1377/hlthaff.2016.0724>

Public Libraries Respond to the Opioid Crisis with their Communities



IMLS National Leadership Grant LG-00-18-0298-18

CALL TO ACTION



oclc.org/libraries-opioid-crisis

Call to Action Steps



Explore your
community data



Consider
community assets
and connect with
partners



Increase
awareness and
knowledge of the
issue among staff
and the
community



Focus on library
staff care



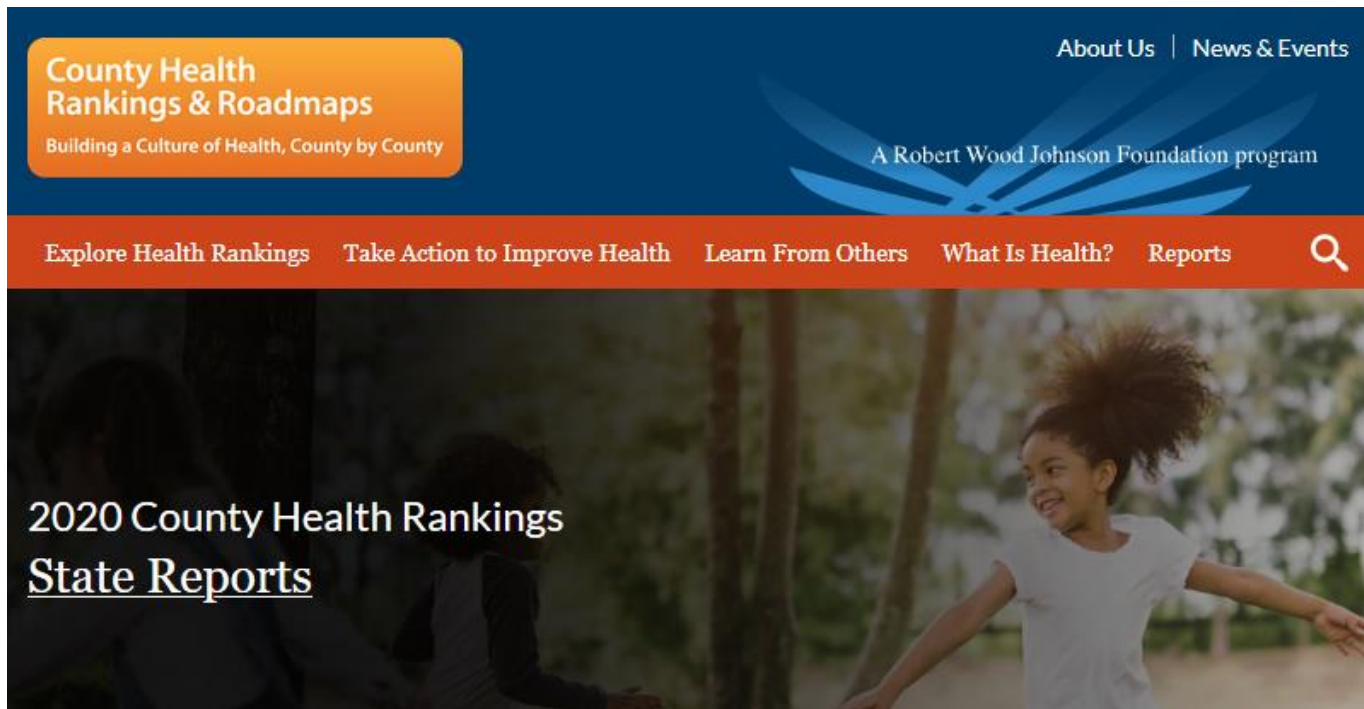
Offer community
engagement and
programming
options



Call to Action: Explore data



Explore your
community
data



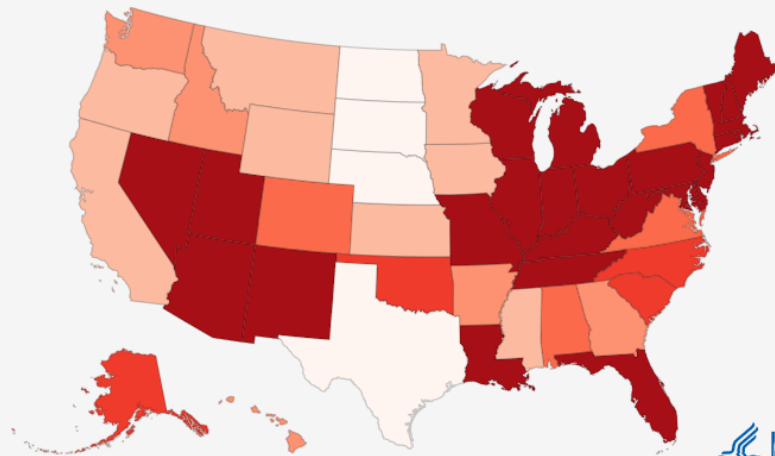
Call to Action: Explore data



Explore your
community
data

- Connect with local and/or state health departments
- Review online sources for data
 - County Health Rankings
 - Drug Overdose Death Rate Maps

Number and age-adjusted rates of drug overdose deaths by state, US 2017



Legend

6.9 to 11.0 11.1 to 13.5 13.6 to 16.0 16.1 to 18.5 18.6 to 21.0 21.1 to 57.0

Call to Action: Consider assets



Consider
community
assets and
connect with
partners

- Explore local organizations and coalitions
 - Community-Led Libraries Toolkit
- Listen to the needs of potential partners and seek opportunities for alignment
- Seek a seat at the table

Strengths of libraries

- A trusted organization
- Physical space for meetings
- A safe, nonstigmatized space
- Marketing reach for programs
- Vetted topical resources
- Knowledgeable staff



Library partnerships

- **Local health departments** were the most common partner.
- Non-profit organizations focused on **prevention, treatment, or recovery support.**
- At least half were involved in a **community coalition** to address substance misuse and the opioid crisis.

Call to Action: Increase awareness



Increase
awareness and
knowledge of the
issue among
staff and the
community

- Seek to increase understanding and addressing the crisis.
- Stigma prevents people from acknowledging issues and needs.
- Libraries connect people to range of information on health-related topics, including substance use disorder

Call to Action: Increase awareness



Increase
awareness and
knowledge of the
issue among
staff and the
community

- Resources
 - Trauma-informed care
 - Mental Health First Aid
- Understanding the facts
 - On average, 130 Americans die every day from an opioid overdose¹
 - Of 12- to 17-year-olds who misused prescription opioids, 57% got them from a friend or relative²
 - The genes that people are born with account for about half of a person's risk for addiction³

1. Centers for Disease Control; 2. Centers for Behavioral Health Statistics and Quality;
3. National Institute on Drug Abuse

Call to Action: Focus on staff care



Focus on
library staff
care

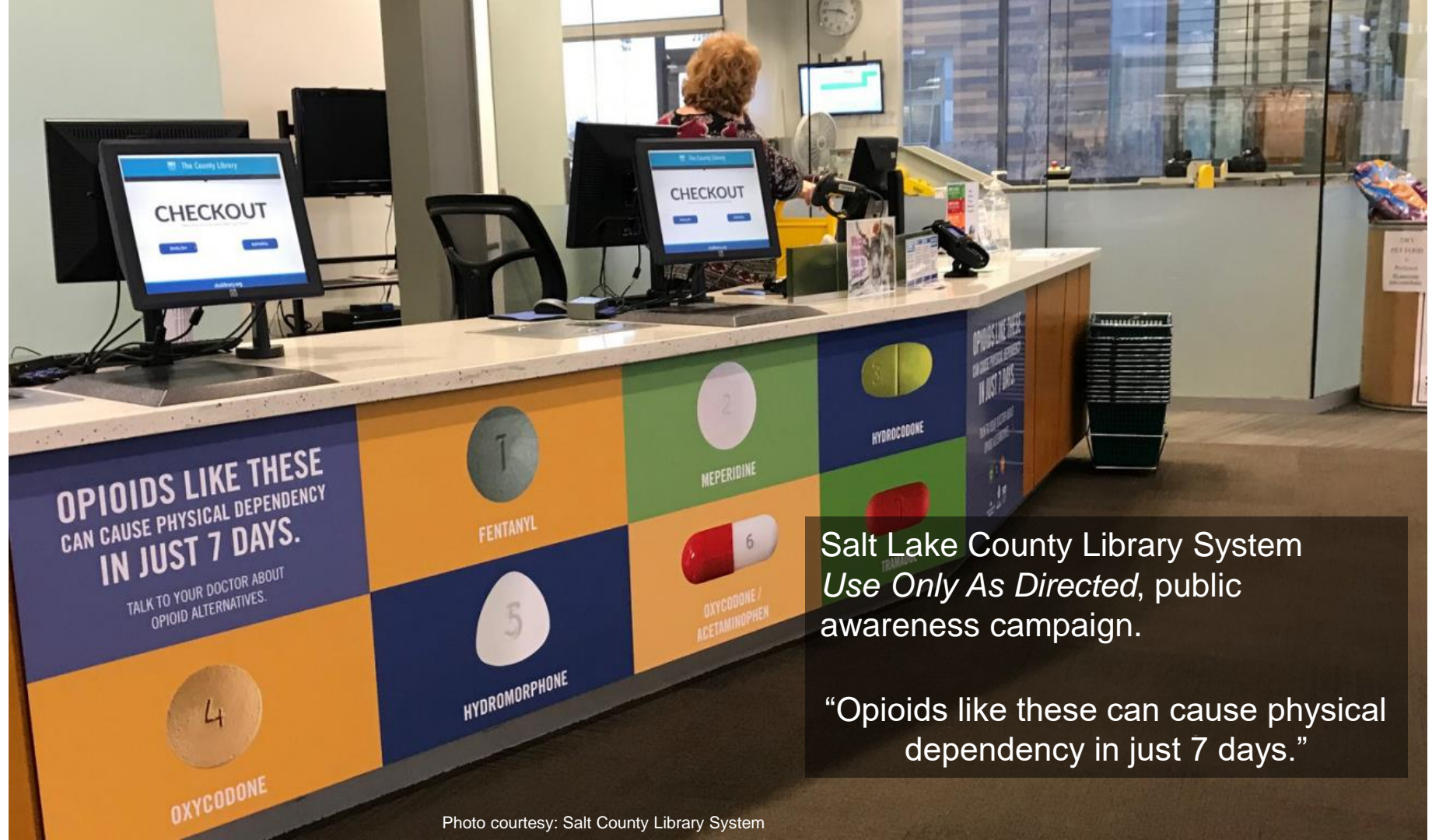
- Acknowledging compassion fatigue.
- Create a post-crisis plan, how will the library deal with traumatic events?
 - Check on Employee Assistance Programs

Call to Action: Engagement and programming



Offer
community
engagement
and
programming
options

- Informational displays with books
- Update the library's website with resources
- Distribute free pamphlets on substance use disorder
- Host a community forum or conversation
- Promote drug take-back events
- Distribute naloxone



Salt Lake County Library System
Use Only As Directed, public
awareness campaign.

“Opioids like these can cause physical
dependency in just 7 days.”

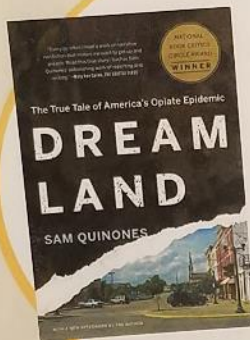
IT'S TIME WE TALK

Connecting the community through a series of discussions and events promoting emotional well-being

For up-to-date information and locations visit barringtonpubliclibrary.com

Book Discussion

All events are free!



Thursday, May 23 • 6:30 pm

Community-wide book discussion

Dreamland is a book that chronicles the history of the opioid epidemic and how we ended up where we are now—RI has the 11th highest number of drug overdose deaths. Pre-registration is needed to meet the minimum required to Skype with author Sam Quinones.

Free copies available at the library.
www.samquinones.com/books/dreamland

know the five signs.



#ChangeMentalHealth
visit
www.changedirection.org

Made possible by a Rhode Island Foundation Community Grant, Friends of Barrington Public Library, Barrington Public Library, and The RAY Team

It's Time We Talk series

book discussions
movie screenings
study nights



Deterra drug deactivation system.

These bags provide a safe way to dispose of unused prescription and over-the-counter medications.

Access to naloxone

A large-scale national study showed that opioid overdose deaths decreased by 14% in states after they enacted naloxone access laws.



Photo courtesy: Peoria Public Library

McClellan, C., et al., Opioid-overdose laws association with opioid use and overdose mortality. Addictive Behaviors, 2018. 86: p. 90-95. <https://www.ncbi.nlm.nih.gov/pubmed/29610001>

Access to naloxone

“Laws designed to increase layperson engagement in opioid-overdose reversal were associated with reduced opioid-overdose mortality. We found no evidence that these measures were associated with increased non-medical opioid use.”



Photo courtesy: Peoria Public Library

McClellan, C., et al., Opioid-overdose laws association with opioid use and overdose mortality. Addictive Behaviors, 2018. 86: p. 90-95. <https://www.ncbi.nlm.nih.gov/pubmed/29610001>

NARCAN[®] (naloxone HCl) **NASAL SPRAY 4mg**

COMMUNITY PROGRAMS

Numerous resources are available to aid in expanding public awareness and education.



Public libraries in the United States are eligible to receive 1 carton of NARCAN[®] Nasal Spray (2 doses) along with educational materials to facilitate Opioid Awareness Training for the community.

Image and content: <https://www.narcan.com/>



Patty McCarthy

Chief Executive Officer,
Faces and Voices of Recovery

Call to Action

Engaging People in Recovery in Local
Community Efforts

presented by

Patty McCarthy
Chief Executive Officer
Faces & Voices of Recovery



**FACES & VOICES
OF RECOVERY**

ADVOCATE. ACT. ADVANCE.



**FACES & VOICES
OF RECOVERY**

ADVOCATE. ACT. ADVANCE.

OUR MISSION

Faces & Voices of Recovery is dedicated to organizing and mobilizing the over 23 million Americans in recovery from addiction to alcohol and other drugs, our families, friends and allies into recovery community organizations and networks, to promote the right and resources to recover through advocacy, education and demonstrating the power and proof of long-term recovery.

The Organized Recovery Community

A **recovery community organization (RCO)** is an independent, non-profit organization led and governed by representatives of local communities of recovery.

These organizations

- organize recovery-focused policy advocacy activities,
- carry out recovery-focused community education and outreach programs, **and/or**
- provide peer-based recovery support services (P-BRSS).

RCO Development & Advocacy



Faces & Voices of Recovery unites and supports the growing network of local, regional and statewide recovery community organizations (RCOs).

<https://facesandvoicesofrecovery.org/arco/arco-members-on-the-map/>





DOVER PUBLIC LIBRARY IS A RECOVERY-FRIENDLY WORKPLACE



Dover Public Library supports lifelong enjoyment of reading and learning, providing a broad range of materials to enlighten, empower, educate and enrich the citizens we serve.

We believe a person's right to use a library should not be denied because of origin, age, background, or views and that everyone should be treated equally with respect and fairness. Part of our role in the community is to connect people with the resources they need, whether that is to learn a new hobby or to better their lives.

We are committed to creating a healthy, safe, and stigma-free workplace for our staff and the patrons that we serve through our participation in the NH Governor's Recovery Friendly Workplace (RFW) Initiative.

RFW advocates for environments where employers, employees, and communities can collaborate to create positive change and eliminate barriers for those impacted by addiction.

In order to achieve a high level of success, we invite and encourage all employees and citizens impacted by addiction/Substance Use Disorder to reach out for help and support without fear of judgment.

We are proud to be working with RFW and S.O.S. Recovery to help reduce stigma associated with addiction and to provide aid to anyone in need. Materials from many wonderful organizations specializing in Substance Use Disorder and recovery will be available throughout the building. If other resources are needed, please do not hesitate to ask.

Recovery-Friendly Workplaces

The Power of Lived Experience



A peer support worker is someone with the **lived experience of recovery** from a mental health condition, substance use disorder, or both.

They provide support to others experiencing similar challenges.

They provide non--clinical, strengths-based support and are “experientially credentialed” by their own recovery journey

10 concrete steps that local leaders can take to mobilize the recovery community

1. Bring people in recovery to the table early and often to create a shared vision of recovery.
2. Identify leaders in the recovery community.
3. Identify recovery champions to support the effort and to be ambassadors for the cause.
4. Launch community visioning.
5. Assess community strengths. Where is recovery thriving?



10 concrete steps that local leaders can take to mobilize the recovery community



6. Conduct a community recovery capital assessment to identify areas where recovery support and recovery-friendly policies are most prevalent.
7. Get creative and innovative.
8. Encourage friends, family and colleagues to share their personal stories.
9. Create recovery community centers that make recovery visible on Main Street.
10. Celebrate recovery from addiction!

For more information



ARCO

Association of
Recovery
Community
Organizations



CAPRSS

Council on
Accreditation of
Peer Recovery
Support Services



NRI

National
Recovery
Institute



RDP

Recovery
Data
Platform

1.202.737.0690

info@facesandvoicesofrecovery.org

www.facesandvoicesofrecovery.org

10 G Street, Suite 600, Washington, DC 20002



**FACES & VOICES
OF RECOVERY**

ADVOCATE. ACT. ADVANCE.



Kevin King

Head, Community Engagement,
Kalamazoo Public Library

About

KPL

- 116,000 service population
- 5 locations and mobile library (June)
- \$11.6 million budget; 121 staff

Kalamazoo

- 71% white; 19% African American; 7% Hispanic or Latino
- 36.4% Bachelor's; 92% HS diploma
- Median Household income = \$40,749
- 26% population living in poverty
- 10% uninsured rate
- Opioid prescribing rate, 63.3 per 100





Peer Navigators @ KPL

- What is a peer navigator?
- Why peer navigators?
- What does a peer navigator do each day?

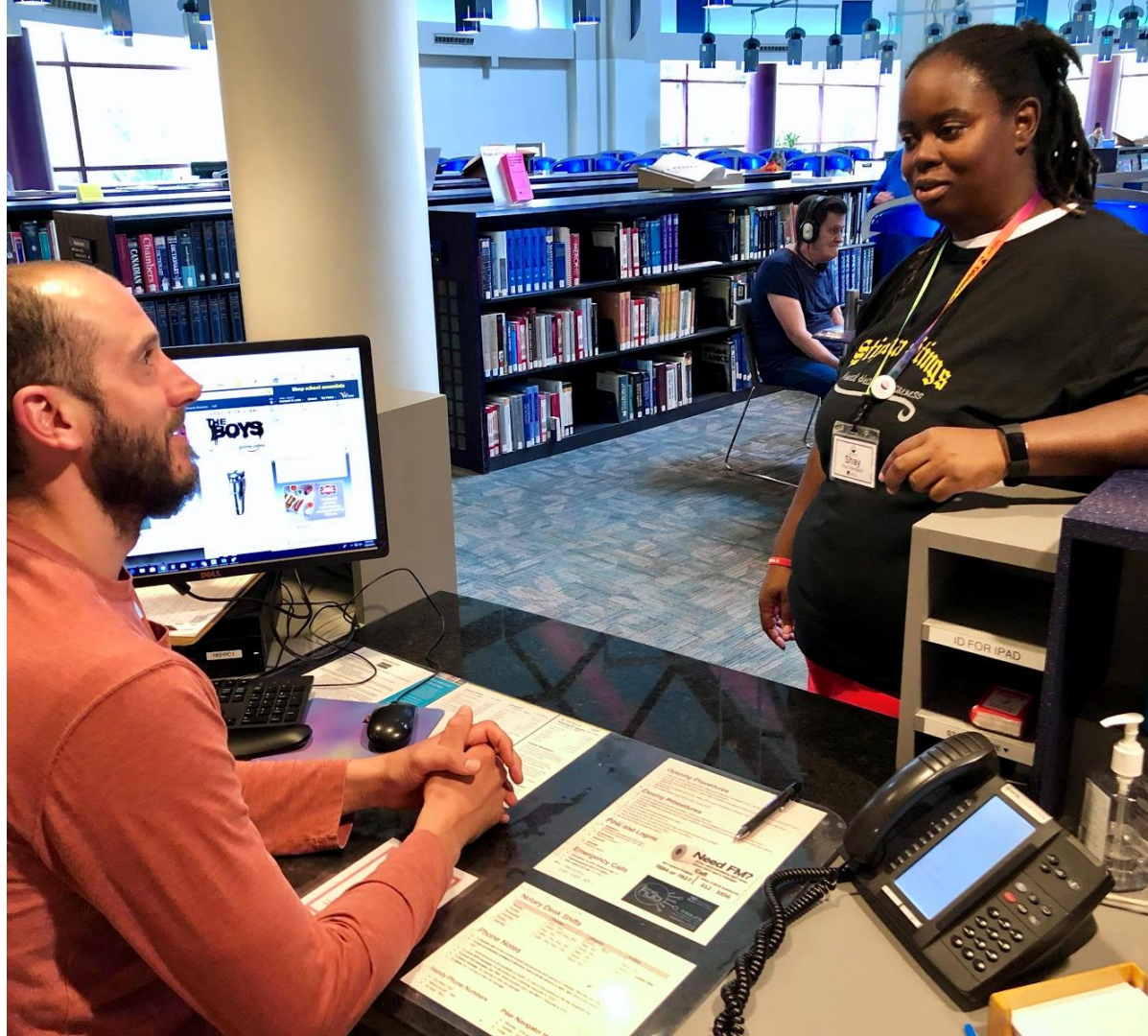
Recovery Institute of Southwest MI

- How did KPL start the peer navigator program?
- How is the peer navigation program at KPL funded?

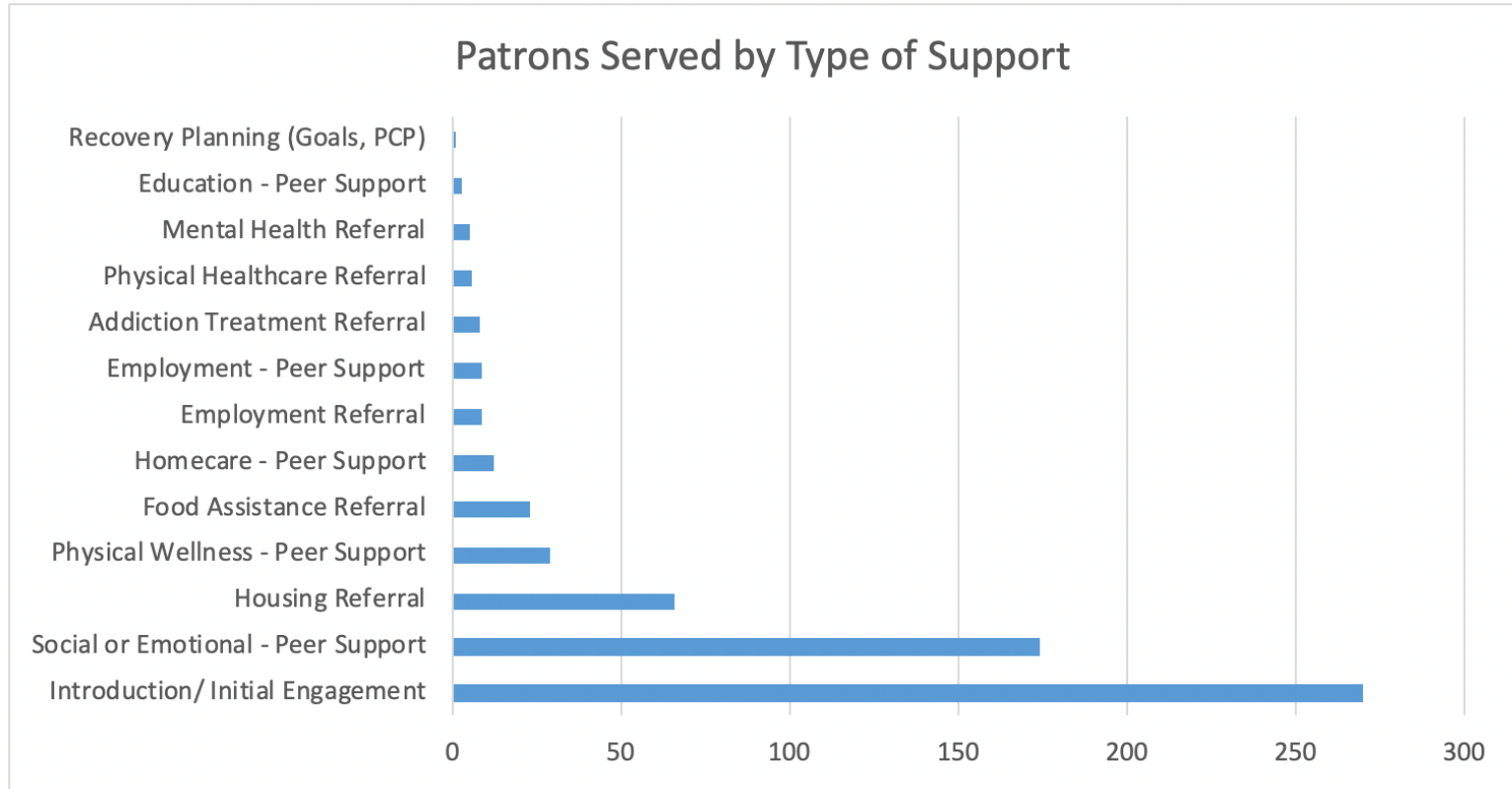


Benefits

- Staff support
- Community support
- Security
- Anti-racism efforts



Peer Support – 11 months



thank you

oc.lc/libraries-opioid-crisis