**Public Health and Public Libraries: Librarians as Health Literacy First Responders: Learner Guide**

<https://www.webjunction.org/events/webjunction/public-health-and-public-libraries.html>

**Event Description:** Misinformation about health abounds in today’s info-glutted environment. What is the role of public libraries in addressing issues of accurate health information? Public libraries are uniquely positioned to contribute to healthy communities by providing informed access to reliable health information. This panel presentation provides an overview of the field of public health, highlighting innovative health promotion initiatives at public libraries, and covering training and funding resources for health-related library outreach and programming. Join the conversation about building your community’s health literacy. Remember, no activity is too small!

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| **What are your goals for viewing this webinar?** | |
| **Personal Goals** |  |
| **Team Goals** |  |

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| **Discussion/Reflection Question 1** |
| Think about the National Library of Medicine (NLM) programs and resources that were discussed that might apply to your library. Visit the NN/LM web site (<http://nnlm.gov/>) and locate your **Regional Medical Library**. Who is the liaison to public libraries? What training and/or funding opporutnities does your Regional Medical Library offer? What are some resources that you can use immediately with adults, seniors or youth? |
| **Activity 1** |
| Promoting health activities in libraries can be as easy as **embedding health habits in existing library programs**. Are there any existing programswhere you could embed health instruction or include a health focus?  1.  2.  3.  4.  **Y** |
| **Activity 2** |
| Make a list of **potential organizations within your community** that your library might partner with to provide health or health-literacy related programs.  1.  2.  3.  4. |
| **Discussion/Reflection Question 2** |
| During the webinar it was mentioned that some populations have higher incidents of certain diseases and health conditions than others. Think about the demographics of those who use your library and those who live in the community but may not be using your library. Does your community have any particular groups that might have unique health needs? **List potential target populations and possible health topics of interest to them**. |
| **Activity 3** |
| Using the MedlinePlus website ([www.nlm.nih.gov/medlineplus/](http://www.nlm.nih.gov/medlineplus/)), **identify four health topics that are relevant to your community**.  1.  2.  3.  4. |

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| **Action Plan:** (include next steps, who, when, etc.) |
| What is **one activity** that you can do right now at your library for your community members to promote healthy living? Who might you partner with? What freely available materials exist to support this activity? |