Iron Chef Crandon - Rules

Thank you for participating in tonight’s Iron Chef event. We now will ask all the contestants to wash their hands and then stand behind their area. Once everyone is in place I will read the rules out loud.

1. You may use any of the ingredients found within the pantry. Please share utensils, cheese grater, etc. There are enough ingredients to go around but not enough big utensils. Therefore we ask if you use a cheese grater and/or another utensil please do so at the pantry table.
2. You must use the secret ingredient within the Panini or wrap.
3. You must use at least one fruit and/or vegetable beside the secret ingredient. This item may be a garnish.
4. You may use any of the books or magazines to help you get ideas. Please no online browsing for recipes and or tips.
5. You will have 30 minutes to prepare your sandwich using either bread or a wrap and the panini maker.
6. The panini will need to be cut into 4 slices when presented to the judge.
7. After you have presented your panini to the judge please have a seat.
8. Your panini will be judged on the following 4 criteria: Appearance, Taste, Use of the Secret Ingredient and Use of fruits and/or vegetables
9. The judge’s scores will be final.